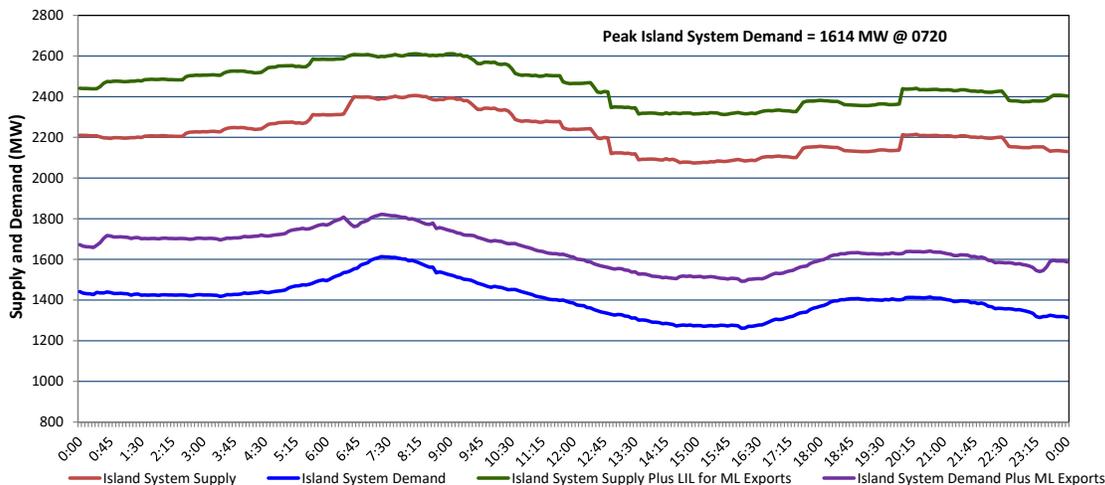


**Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Monday, March 09, 2026**

**Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Friday, March 06, 2026**



Island Supply Notes For March 06, 2026

- A As of 1326 hours, February 05, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- B As of 1701 hours, February 05, 2026, Holyrood Unit 1 available at 166 MW due to forced derating (170 MW).
- C As of 0653 hours, February 27, 2026, St. Anthony Diesel Plant available at 6.7 MW due to forced derating (9.7 MW).
- D At 1235 hours, March 06, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
- E At 1958 hours, March 06, 2026, Hinds Lake Unit available (75 MW).

**Section 2
Island Interconnected System - Supply, Demand & Outlook**

Sat, Mar 07, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	2,077 MW	Saturday, March 7, 2026	1,445	1,348
NLH Island Generation: ^{3,7}	1,510 MW	Sunday, March 8, 2026	1,165	1,072
NLH Island Power Purchases: ⁵	95 MW	Monday, March 9, 2026	1,220	1,126
NP and CBPP Owned Generation:	215 MW	Tuesday, March 10, 2026	1,215	1,121
LIL/ML Net Imports to Island: ⁹	257 MW	Wednesday, March 11, 2026	1,370	1,274
		Thursday, March 12, 2026	1,435	1,338
7-Day Island Peak Demand Forecast:	1,445 MW	Friday, March 13, 2026	1,345	1,249

Island Supply Notes For March 07, 2026

- F At 0736 hours, March 07, 2026, Holyrood Unit 1 unavailable due to planned outage 166 MW (170 MW).

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

**Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak**

Fri, Mar 06, 2026	Island Peak Demand ¹⁰	7:20	1,614 MW
	Exports at Peak		208 MW
	LIL Net Imports to Island		6,250 MWh
Sat, Mar 07, 2026	Forecast Island Peak Demand		1,445 MW

- Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).